



Chalkwell Hall Infant School

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Co Headteachers: Sarah Clements and Jo Milbank



Friday 18th September 2026

Dear Parent/Carer,

This half term in our Design & Technology lessons, the children will be exploring fruits and vegetables—handling, tasting, and learning where they come from. At the end of the unit, they will have the exciting opportunity to make their own couscous salad in class and evaluate their creations.

To ensure all children can safely participate, we need your permission for them to handle and taste the ingredients. Please note the ingredients are:

- Couscous (made from pure durum **WHEAT** semolina, may contain **SOY**) Gluten free alternatives will be available for children with allergies.
- Celery, carrot, pepper, cucumber, tomato
- Paprika, garlic powder

This is always a fun, hands-on activity where children learn about the foods they eat while practising chopping, peeling, and grating skills. All activities are carefully supervised, and full risk assessments are in place.

Please provide your consent using the attached form by **Friday 25th September**

Thank you for your support in helping us make this a safe and enjoyable learning experience!

Kind Regards

Helen Wilkinson

Year 2 Leader

Acting Deputy Headteacher