



6 FEBRUARY 2026

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

9-15
FEB
2026

CHALKWELL HALL INFANTS

WWW.CHALKWELLHALLINFANTS.CO.UK

NEXT WEEK IS CHILDREN'S MENTAL HEALTH WEEK

This year, the theme for Children's Mental Health Week is **"This Is My Place."**
It's all about feeling like you belong.

Belonging means feeling happy and safe with the people around you; at home with your family, at school, with your friends or as part of a team. When children feel like they belong, they feel cared for, valued and ready to learn and play. Feeling included helps children grow strong in both their minds and bodies. It can make it easier to make friends, try new things, do well in school and feel good about themselves.

During Children's Mental Health Week, we will be talking about how we can help everyone feel like they belong. Through our assemblies and carpet times we'll be sharing what *"This Is My Place"* means to us and learning how to be kind, include others and make sure no one feels left out. Children will have the opportunity to talk about the places they belong and what makes those places special, create My Place Island Maps, play the Welcome Circle Game and sing along to lots of songs about belonging.

Why Is Belonging Important?

When children feel like they belong, it helps their mental health. It means they can:

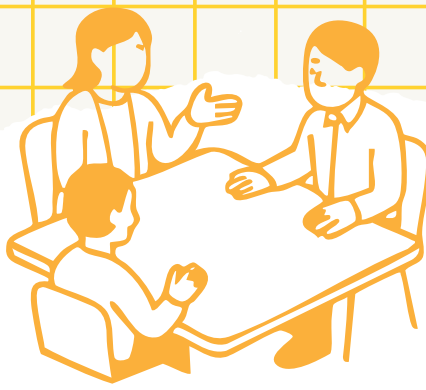
- Be themselves and feel confident
- Try new things and not be afraid to make mistakes
- Make friends and build strong relationships
- Feel less worried or lonely
- Feel proud of who they are
- Help and care for others in their school community

Everyone deserves to have a place where they feel happy, accepted and loved.

Further information can be found at:
childrensmentalhealthweek.org.uk
parentingsmart.place2be.org.uk
behappyresources.co.uk

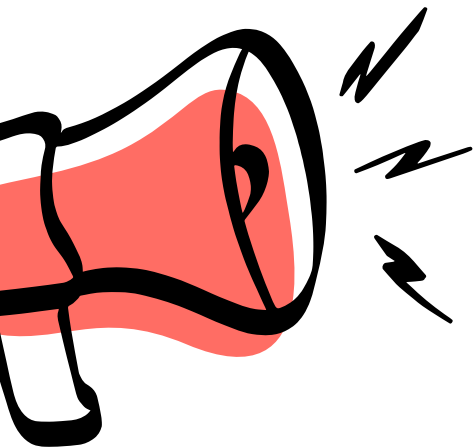


CHALK
WELL
BEING



PARENT-TEACHER CONSULTATIONS

You will have received an invitation via PING to attend one of our parent-teacher consultations. Please make every effort to attend, as these meetings are an important opportunity for us to work together to support your child's learning and ensure they continue to make good progress.



**WE WILL CLOSED TO ALL PUPILS ON FRIDAY 13TH
FEBRUARY FOR ONE OF OUR INSET DAYS.**

FAREWELL AND THANKS TO OUR HEAD COOK, JOSEPHINE

Very sadly, today we say goodbye to our head cook, Josephine. Josephine has worked incredibly hard to ensure that our school meals are not only nutritious but also delicious. She genuinely cares about our children, always serving lunch with a smile and going out of her way to make sure every child feels happy and safe.

Josephine has been an instrumental part of our school community, and she will be greatly missed. We wish her every success and happiness in whatever she chooses to do next. Thank you, Josephine, for everything you have done for our school.

*thank
★ you ★*

SCHOOL LUNCH MENU UPDATE

After half term, we will be making a few small changes to our school lunch menu, removing some of the less popular items and replacing them with dishes suggested by pupils in our recent surveys.

In the meantime, our Assistant Cook, Julie, will be leading the catering team while we recruit a new Head Cook. I have no doubt that she will continue to do a fantastic job.

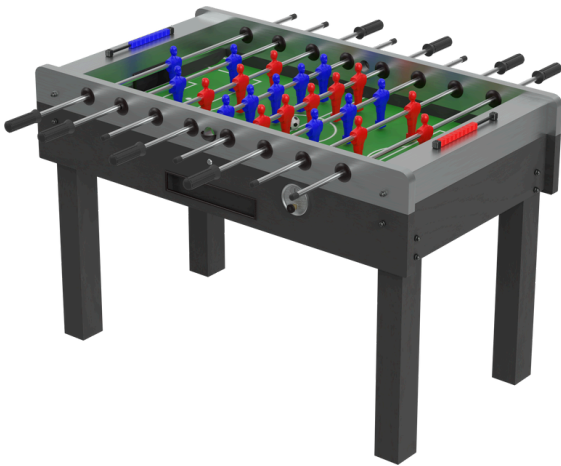
As ever, we would really appreciate your continued support of this service where possible, please keep an eye on on PING for the updated menu.





BUILDING SOCIAL SKILLS THROUGH PLAY

Both Infant and Junior children love spending time in our games zone. Table football and mini pool are not only great fun, but also support the development of important skills such as understanding the rules of a game, taking turns, coordination, and—of course—learning how to win and lose with grace.



WISH LIST

SANDPIT TOYS
CHALK
CARS



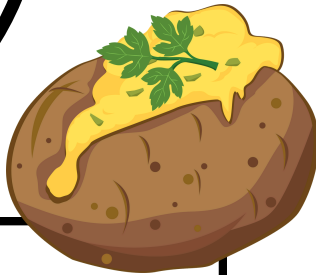
AUTUMN WEEK 1

WE WILL ALWAYS PROVIDE SUITABLE ALTERNATIVES FOR CHILDREN WITH ALLERGIES

THIS MENU IS SUBJECT TO CHANGE

WACKY WEDGE MONDAY

OVEN BAKED PORK SAUSAGE (S)
OR OVEN BAKED MEAT FREE SAUSAGE (G) (VG)
WITH
OVEN BAKED POTATO WEDGES (VG),
AND A CHOICE OF
PEAS (VG), BROCCOLI (VG)
OR BAKED BEANS (VG)



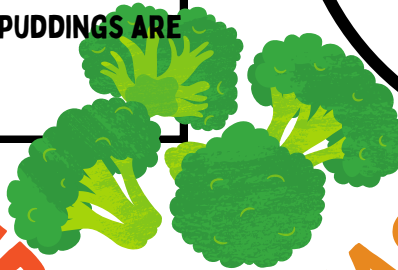
TWIRLY PASTA TUESDAY

HOMEMADE BEEF BOLOGNAISE (CY)
OR
HOMEMADE MEAT FREE BOLOGNAISE (BOTH WITH HIDDEN VEG) (G) (SOYB)(VG)(CY)
WITH
TRICOLOUR PASTA TWIRLS (G)(VG)
GARLIC BREAD (G) (VG)
CARROTS (VG)
AND PEAS (VG)



REACH FOR A ROAST WEDNESDAY

OVEN ROAST TURKEY
OR
OVEN ROAST QUORN (V) (MK) (E)
WITH
OVEN ROASTED POTATOES (VG) (G),
BROCCOLI (VG),
CARROTS (VG), YORKSHIRE
PUDDING (MK) (V) (G) (E)
AND GRAVY (VG)



AVAILABLE DAILY WE HAVE:

JACKET POTATO WITH A SELECTION OF FILLINGS (INCLUDING ITEMS FROM THE DAILY MENU SUCH AS BOLOGNAISE) TUNA (F), VEGAN CHEESE (CCN) (V) (VG), HUMMUS (SS)(VG), CHEESE (MK), BAKED BEANS (VG), HOMEMADE COLESLAW (E) (V)

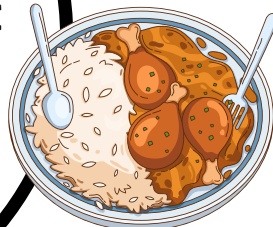
A COLD SALAD BAR

SWEETCORN, TOMATO, CUCUMBER, CARROT (VG), LETTUCE, MIXED PEPPERS

WATER AND MILK / A FRUIT BOWL (ALTERNATIVE PUDDINGS ARE AVAILABLE OCCASSIONALLY)

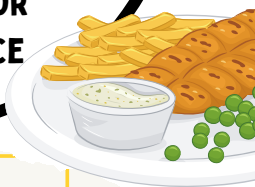
FIREY FEAST FRIDAY

OVEN BAKED BREADED CHICKEN GOUJON (G) OR BREADED MEAT FREE GOUJON (G)
WITH
HOMEMADE KATSU CURRY SAUCE (CCN) (SOYB)(CY)(VG)
AND STEAMED RICE AND MIXED VEGETABLE MEDLEY: GREEN BEANS/SWEETCORN/CARROT/PEAS (VG)



FINTASTIC THURSDAY

OVEN BAKED FISH FINGERS (G) (F)
OR
OVEN BAKED VEGE FINGERS (G) (VG)
WITH CHIPS (VG),
PEAS AND SWEETCORN (VG)
AND
KETCHUP (VG) OR TARTARE SAUCE (V) (E) (MU)



Stars of the week



NURSERY
Grayson
Raimbault-Fenn

NORTHERN IRELAND

Frankie

WALES

Alfie Slater

SCOTLAND

Ingrid Teaca

SPAIN

Flo Taylor

MEXICO

Jude Ellis

SOUTH AFRICA

Naga Snigdha Sistla

FINLAND

Jimi Jones

VIETNAM

Ellie French

BAHAMAS

Arthur Portman

Right on time

punctual



Rosie Hallam	Hannah Blake	Isaac Luxton
Lucille Livermore	Suzie Bacon	Ralph Green
Genti Hoxhaj		Euan Briggs



Be kind, be good,
shine brightly!

ATTENDANCE

This week - 94.73%

EYFS - 97.30%

Year 1 - 96.33%

Year 2 - 93.78%

Whole School Year To Date - 95.76%



REACH Award

Enjoy

Artie Stimpson



NEXT WEEK'S LEARNING

This page of our Newsletter summarises some the learning your child will access next week. For more detailed information on our curriculum please visit our [website](#).

Nursery

Stories: Peppa Pig Celebrates Chinese New Year, First Festivals- Chinese New Year

Number songs/Stories: one, two buckle my shoe

Other Areas: Next week, we are exploring the celebrations of Lunar New Year! Through storytelling, we'll discover the wonderful traditions of this festival and explore why red is considered such a lucky colour. The children will get creative at our art station, using a variety of red materials to craft their own masterpieces. Our Maths focus will be all about shapes. We'll be heading out on "shape hunts"-both in the classroom and outdoors-to identify simple 2D shapes in the world around us.

Our School Leavers groups will continue their phonics journey by exploring syllables. We'll be practicing "clapping out" the beats in our names to find the rhythm in words. We are also staying focused on our social skills, practicing the vital arts of active listening and turn-taking during our circle time.


Reception

Phonics: We will be using our phonic knowledge to read the red books 'Let's Sing' and 'Let's Swim'.

Maths: We will continue to learn about the composition of numbers. We will particularly focus on numbers 6 and 7 and develop an understanding of how these numbers are made up of '5 and a bit'.

Other Areas: Next week, we will explore the vibrant traditions of the Festival of Lunar New Year. We will immerse ourselves in wonderful stories to discover the history and customs behind this celebration. Our young learners will have the chance to develop and refine their cutting skills by crafting beautiful red lanterns, alongside a variety of other festive crafts and themed activities. There will also be a collaborative performance in the hall, where we will bring the energy of the festival to life with our very own dragon celebration dance.

In addition to these festivities, we are thinking carefully about our wellbeing. We will spend time discussing our emotions and sharing strategies for self-regulation. To put these ideas into practice, the children will participate in calming yoga and mindfulness sessions throughout the week.





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Year 1

Phonics: y (happy) and revisiting the rest of the 'ee' family (ee, ea, ie, e-e)

Maths: 2D shapes, 3D shapes, patterns and number bonds

Foundation subjects: In Science, we will begin learning about animal groups - birds, mammals, reptiles, amphibians, fish, and insects - and explore why each animal belongs to its group. In Geography, we will be identifying locations on a map, and in RE, we will be learning all about Ramadan.

In DT, we will be evaluating the sliders we have made, and in PE, we will continue developing our ball skills while playing some fun, simple games. In Music, we will accompany songs using the glockenspiels, and in PSHE, we will focus on internet safety, as Tuesday is Safer Internet Day.


Next week is also Children's Mental Health Week, so we will be reflecting on this throughout the week with stories and activities. We are all really looking forward to another wonderful week of learning and fun together!

Year 2

Phonics/GPS: or (word), suffix - ness (darkness, happiness)

Maths: Estimating and measuring temperature

Foundation subjects: This week in Science, building on our previous learning about materials in the playground and their suitability for different purposes, the children will be recording their observations just like real scientists. In Computing, we will be learning about algorithms and designing one to follow a time sequence. In DT, we will continue our ongoing project by fixing a wheel and axle mechanism to the fire engine. In Geography, the children will be creating their own 3D maps of London, including a key, using the River Thames and the landmarks we have been learning about as the centre of their maps. In Music, we will be picking up our glockenspiels and tuned bells (G and E) to practise and perform our Friendship song. In Gymnastics, children will learn how to travel with control at different speeds through jumping, spinning, and rolling. Finally, in PSHE, as part of Safer Internet Day, children will be learning about AI. They will explore the idea that a voice assistant is a computer helper that can talk, and understand that it is not a real person.



WHAT'S GOING ON? *New additions will be in red*

w/b 9 Feb	Children's Mental Health Week
Tue 10 Feb	Safer Internet Day
Thu 12 Feb	Last day at school - Feb half term
Fri 13 Feb	Non-pupil day (school closed to all pupils)
Fri 13 Feb	Boys Football tournament
Mon 23 Feb	Back to school
w/b 2 Mar	Book week
Wed 4 Mar	KS1 Tag Rugby Tournament (invited children only)
Wed 4 Mar	Reception visit to the Library
Thu 5 Mar	World Book Day
Fri 6 Mar	9.00 Celebration assembly - class Wales
Thu 12 Mar	Music Festival (invited children only)
Fri 13 Mar	9.00 Celebration assembly - class Northern Ireland
Fri 13 Mar	Girls Football Tournament (invited children only)
Mon 16 Mar	EYFS National Measurement Programme
Mon 16 Mar	2.15pm Year 1 assembly (parents need only attend one performance)
Tues 17 Mar	9.15am Year 1 assembly (parents need only attend one performance)
Tue 17 Mar	Fire Engine visiting Year 2
Tues 17 Mar	EYFS National Measurement Programme
Wed 18 Mar	Reception Spring walk
Thu 19 Mar	Tennis Taster Day - more info to follow
Fri 20 Mar	Comic Relief
Fri 27 Mar	Last day at school - Easter holidays
Mon 13 Apr	Back to school
Fri 24 Apr	9.00 Celebration assembly - class Scotland
Fri 1 May	9.00 Celebration assembly - class Spain
Mon 4 May	Bank holiday (school closed)
Mon 11 May	Class photos
Thu 21 May	Last day at school - May half term
Fri 22 May	Non-pupil day (school closed to all pupils)
Mon 1 Jun	Back to school
Fri 12 Jun	9.00 Celebration assembly - class South Africa
Fri 19 Jun	9.00 Celebration assembly - class Mexico
Fri 17 Jul	Last day at school - Summer holidays
Mon 20 Jul	Non-pupil day (school closed to all pupils)

What's new?

For Celebration assembly, you should arrive at
9am via Rockleigh gate.



CONTACT US

If you have a question, query or concern, please get in touch with someone from the list below. Please do not email class teachers directly, they should be contacted via the communication book or by calling the school office. Teachers may be available to chat to at the end of the school day.



Sarah Clements, Headteacher:

sarah.clements@chalkwellhallinfants.co.uk

Joanne Milbank, Deputy Headteacher:

joanne.milbank@chalkwellhallinfants.co.uk

Katie Stevens, Inclusion Leader:

katie.stevens@chalkwellhallinfants.co.uk

Danielle Maynard, Year 1 Leader:

danielle.maynard@chalkwellhallinfants.co.uk

Grace Dalgarno, Early Years Foundation Stage Leader:

grace.dalgarno@chalkwellhallinfants.co.uk

Helen Wilkinson, Year 2 Leader:

helen.wilkinson@chalkwellhallinfants.co.uk

Kerrie Lawton, Office Manager:

education@chalkwellhallinfants.co.uk

David Horne, ICT Technician:

david.horne@chalkwellhallinfants.co.uk

Shelley Cooper, Attendance and Admissions Officer:

attendance@chalkwellhallinfants.co.uk

Vivien Graham, Family Liaison Officer:

vivienne.graham@chalkwellhallinfants.co.uk

For Nursery enquiries:

nursery@chalkwellhallinfants.co.uk

