

Year 1 Foundation Subject Quiz - PSHE

1. Can you name 2 things that you can do now that you couldn't when you were a baby?
2. All humans have needs, what are some of these needs?
3. What might a healthy person look and feel like?
4. What might an unhealthy person feel like?
5. If you were lost, who could you ask for help? How would we know who they were?
6. What are some of the things we can do to help us feel happy?
7. How can we be a good friend to someone?
8. What things can we do to keep ourselves healthy?

