

An example timetable for reception children

Time	Activity
9.00	Red words and phonic activities (10-15 mins)
9.15	Creative activities
10.00	Snack
10.15	Free play
11.30	Writing activities – letter formation and sentence writing (30 mins max)
12.00	Lunch
12.30	Outdoor activities (E.g. playing in the garden, going for a walk around the block, making an outside obstacle course, water play)
1.00	Maths activities
1.25	Physical movement (E.g. Dance n Beats)
1.30	Funky Finger's activities
2.00	Free play
3.00	Reading activities
3.20	Help with simple household jobs (E.g. tidy away toys, set the table, dusting, putting the washing into the washing machine etc.)
3.45	Down time!